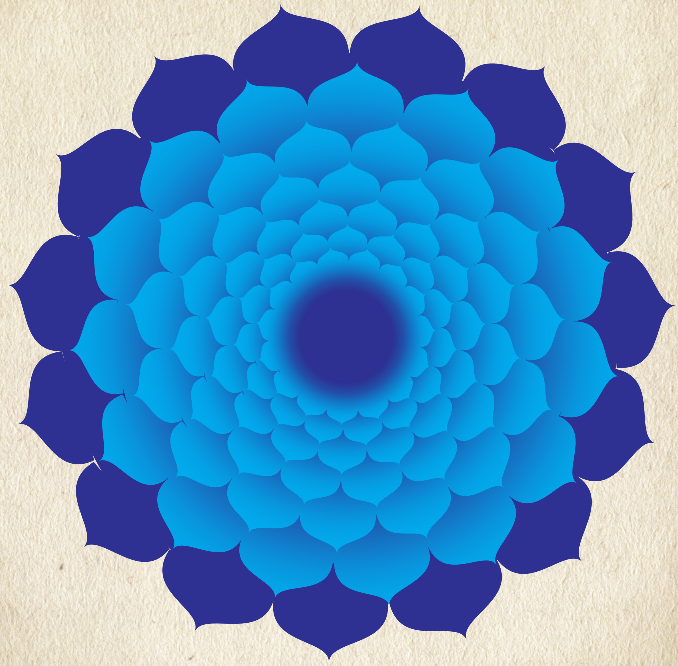
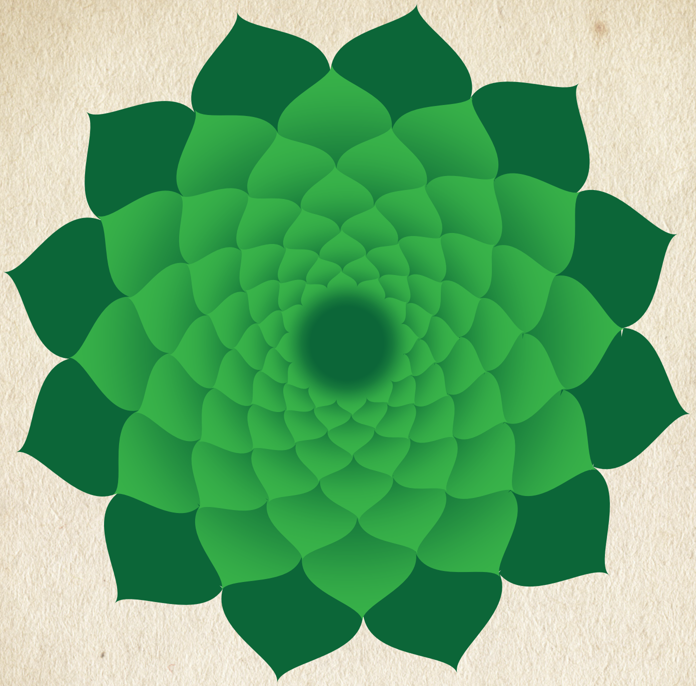


Vishuddha (also Vishuddhi) is depicted as a silver crescent within a white circle, with 16 light or pale blue, or turquoise petals. The seed mantra is Ham, and the residing deity is Panchavaktra shiva, with 5 heads and 4 arms, and the Shakti is Shakini. Vishuddha may be understood as relating to communication and growth through expression.

Vishuddha
Throat Chakra



यं

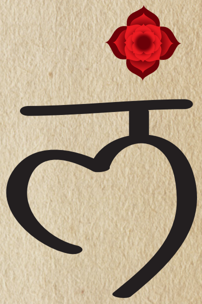
Anahata, or Anahata-puri, or padma-sundara is symbolised by a circular flower with twelve green petals. (See also heartmind.) Within it is a yantra of two intersecting triangles, forming a hexagram, symbolising a union of the male and female. The seed mantra is Yam, the presiding deity is Ishana Rudra Shiva, and the Shakti is Kakini.

Anahata
Heart Chakra

वं

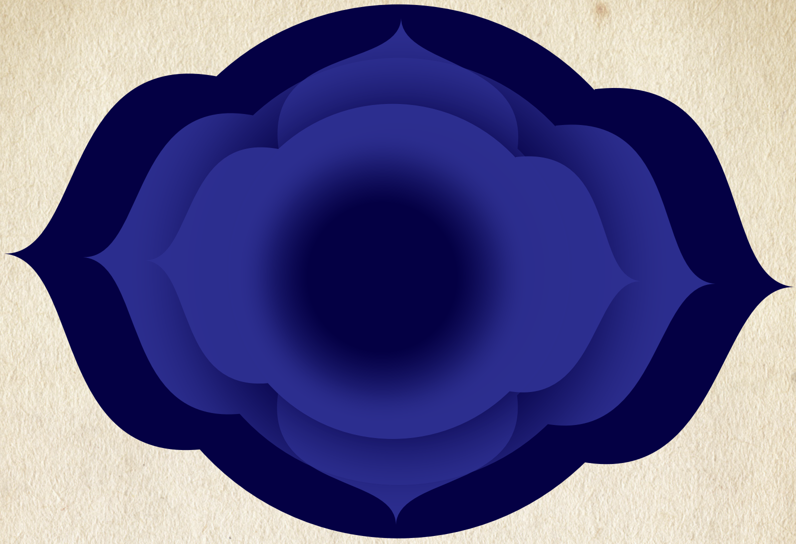
Swadhisthana, Svadisthana or adhishthana is symbolized by a white lotus within which is a crescent moon, with six vermillion, or orange petals. The seed mantra is Vam, and the presiding deity is Bramha, with the Shakti being Rakini (or Chakini). The animal associated is the crocodile of Varuna.

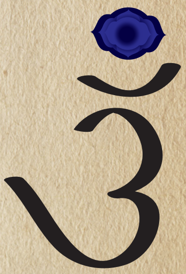
Swadhisthana
Sacral Chakra



Muladhara or root chakra is represented as a red square, with 4 red petals. The seed syllable is Lam, the deity is Ganesh, and the Shakti is Dakini. The associated animal is the elephant Ganesha. This chakra is where the 3 channels are merged, then separate and begin their upward movement. Inside of this chakra is wrapped up the goddess kundalini three times around a black lingam. It is the seat of the red bindu, the female drop (which in Tibetan vajrayana is located at the navel chakra).

Muladhara
Base or Root Chakra





Ajna is symbolised by a lotus with two petals, and corresponds to the colors violet, indigo or deep blue. It is at this point that the two side nadis Ida and Pingala are said to terminate and merge with the central channel Sushumna, signifying the end of duality. The seed syllable for this chakra is the syllable OM, and the presiding deity is Ardhanarishvara, who is a half male, half female Shiva/Shakti. The Shakti goddess of Ajna is called Hakini.

Ajna

Brow or Third Eye Chakra

Manipura or manipuraka is symbolised by a downward pointing triangle with ten petals. The seed syllable is Ram, and the presiding deity is Braddha Rudra, with Lakini as the Shakti. The colour that corresponds to Manipura is yellow. Key issues governed by Manipura are issues of personal power, fear, anxiety, opinion-formation, introversion, and transition from simple or base emotions to complex.

Manipura
Solar Plexus Chakra

Sahasrara, which means 1000 petalled lotus, is generally considered to be the chakra of pure consciousness, within which there is neither object nor subject. When the female kundalini Shakti energy rises to this point, it unites with the male Shiva energy, and a state of liberating samadhi is attained. Symbolized by a lotus with one thousand multi-coloured petals, it is located either at the crown of the head, or above the crown of the head. Sahasrara is represented by the colour white and it involves such issues as inner wisdom and the death of the body.

Sahasrara
Crown Chakra