

# NOT ALL WOUNDS ARE VISIBLE

Mental and substance use disorders are the leading cause of disability worldwide.



**44%**

of American college students reported feeling symptoms of

**DEPRESSION**



58% of college-aged women feel pressured to be a certain weight.

**30 MILLION  
PEOPLE**

of all ages and genders suffer from an eating disorder in the U.S.



Only 10% of people suffering from an eating disorder will seek professional help.

**80-90%**

of people that seek the necessary form of mental health treatment can function as they did prior to their mental health issue.